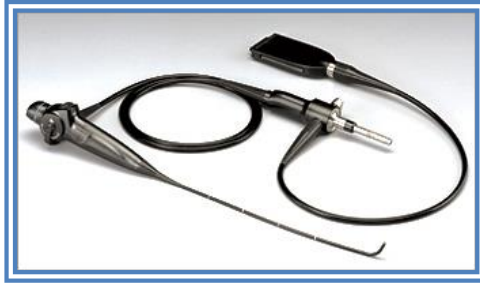


"20-20 Voice" Newsletter

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May: 2020

Welcome to the June edition folks and we kick off with apology as an error in dates was spotted in last month's edition but is amended here and with the relevant link enclosed.

Take note folks, and take heart, because in 2014/15 'the flu' took 13,000 lives per week before it was done – we are in lockdown & way, way below [that figure](#) as yet! Flu bugs come & flu bugs go.

Right then folks, with the inestimable help of goodly wife & techno son we have



produced a "Welcome Video" laying out the why's & wherefores of this growing charity. The video can be viewed [here](#).

Enjoy. You will see why we are setting up a "Silent Movies" page on our website and if you don't, well, it's simply to let all the

the people out there know that just because a laryngectomy operation might be lurking it does not mean it is the end of life as you know it! Oh yes indeedly, things change quite a bit but once you have mastered your new voice, whether it be voice valve, hands free, oesophageal speech or EL (electro larynx) type speech, it is speech, it is communication and it is you back on par with the world! So what if you sound like me, a Dalek, it is not our problem. If others find it a problem then never mind eh? If the link proves ineffectual simply go on the website 2020VoiceCancer.org -> Cancer Factfile -> Laryngectomees & Breathing -> Post Op Speech -> Silent Movies & click! There are now 5 of us.

Exciting news folks, by May 12th the video had reached 1,000 views!
Tremendous, absolutely tremendous – thank you all.

27



JM



Let me remind you all of our venture into the world of Inflatables at Nottingham Racecourse on Sept 5th this year. massive course, 28 obstacles, for a 5K FUNRUN to raise monies for this charity. We have a budding team from Leicester and Mia is building a

team in Nottingham for a morning of great fun. If you think that you would enjoy a couple of hours on these giant 'bouncy's' then let me know and we'll get you [set up for the event](#). Don't forget we'll give you a free T-shirt & w/band too!

Our online raffle, the brainchild of our **Rebecca W**, has taken off quite well but there is always room for more people to join in on a monthly basis as all you need to do is to decide how many tickets you would like per month and let me know on admin@2020voicecancer.org and we will soon get you sorted out!

Important Update: 16th May. The government has now stated that this weird [strain of flu is harmless](#) to 99.5% of the population, sadly, as larys, we **ARE** that **0.05%** who are susceptible to this bug so we must still be vigilant and be on our guard when around people. This 'lockdown' will ease but we must not go gallivanting around, mixing in groups or crowds simply because ***we possess much weakened immune systems***. Stoma/facial coverings will help to protect. You only need to be sensible and you'll be OK folks 😊

And here it is folks, our very first monthly raffle draw....and the winning ticket is No: **27** which was bought by **JM** from **Yorkshire**. Your box of goodies will be on its way to Thursday morning by 1st Class post-we don't mess about on this!



firm ! 🤪 Now then good people's, the June 27th draw will be made up of Our June raffle prize is magnificent and comprises of: a superb "Victorian Treasury" - photograph Album, with 6 Photograph Mounts & 6 envelopes. Beautifully crafted Rollerball Pen & Case."Script" Stationary set. Beautiful "Special Daughter" picture frame. Signed

photographs of Willie Thorne & Peter Andre with pocket notepads, pens & 2020 wristbands. A great box of goodies for you to win folks! 😊 Tickets available so simply email admin@2020voicecancer.org and we'll sort it for you.

News not good from Spain at the moment as our Patron, Willie T, has sepsis to contend with. I have sent him our best wishes for a speedy recovery

Phil J