

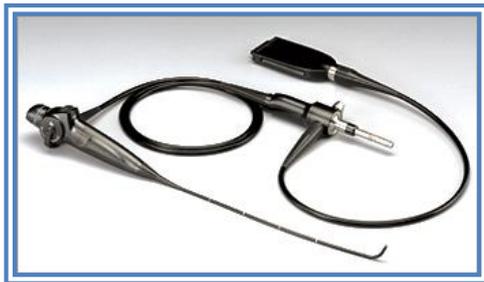
## "20-20 Voice" Newsletter

C/Tubs: **£142.13**

[Localgiving.org](http://Localgiving.org)

[VirginMoney  
Giving](http://VirginMoneyGiving.com)

[Wonderful.org](http://Wonderful.org)



Reg No: 1156733

<https://gocardless.com/>

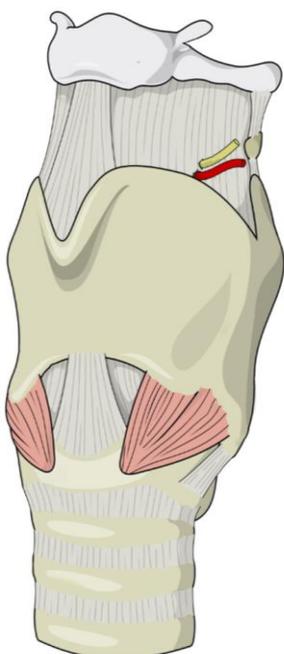
[easyfundraising  
.org.uk](http://easyfundraising.org.uk)

[Donate](#)

**Apr: 2020**

**Cracking start** to the month as we collected **£28.38** from our local **P/Office**: well done teamsters 😊

We were contacted by a lary who was concerned about the cost of the latest Electro-Larynx. After a quick consultation with said lary, we proposed a **£100** donation, from the charity, toward the cost of the new EL. Gratefully accepted 😊.



This is your larynx, but you probably know it better as your voice box.

To be quite honest, it's a awesome piece of kit; it sits at the top of our necks and does an array of fantastic things automatically for us.

It helps us breath, allows us to speak, enables us to swallow our food and stops that food dropping into our lungs, it knows if you're going to cough...and if you love a good sing song, allows you belt out some banging tunes at the Karaoke.

Now, imagine if that 'piece of kit' was taken away from you. No proper breathing, no talking, no eating,...not a lot to sing about really!

It's what many throat cancer patients face. Surgery to remove their voice box. A real loss of identity & dignity.

Please support those affected by this.



**Interesting eh? Not many people know the value of this fantastic part of the body....until, of course, it's gone! Then the problems begin: but we are here and ready to help!**

**The Larynx  
What an amazing  
piece of kit this  
really is folks!**

We've been invited to a Church 'coffee morning' in late April and asked to take a long with us plenty of literature to explain what we are all about. Interesting methinks!

Our sincerest condolences go out to **Louise Henshaw** who lost her dad to cancer early in March. Allan fought the good fight but was up against the odds with having stomach cancer too. Rest in Peace my friend...**Louise**, keep that proud chin up gal 😊.

Good news from our friends in **Sevenoaks** where our C/Tub in the **BUPA Dental Practice** realised a tasty **£30.37p** – well done all & please keep up the good work. As we start a new financial year we are already off to a flyer with **£58.75** from our tubs out there.

**Here's a new challenge** for all you supporters to get into \_ the Nottingham '**Inflatable**' 5K Challenge. **28**, yes, **28** inflatable obstacles to be scramble over, through & round to complete the 5K course culminating in the –Foam Machine -so you could end up looking as



if you've been through the car wash.....without the car! Held at Nottingham Racecourse on Saturday, 5<sup>th</sup> Sept, this year (2020) we already have some interested parties wanting to take part but we want as many people as possible wearing out T-shirts & w/bands to take part

so that we can get the name of **20-20** 'out there'. Are you interested? Would you like 5k of pure fun? Would you like a nice Foam bath as you finish? Can you raise some much-needed funds to help those without a voice? This is the link [to the event](#) and this is the link to our [Virgin Money Giving](#) page where we are advertising. Fancy putting a team together? email Phil: [admin@2020voicecancer.org](mailto:admin@2020voicecancer.org) for more info. Nice little **£25** Shopping Voucher to the highest sponsorship raiser too!

**Two Steeples** comes up trumps again with **£35.96** in C/Tub & another **£18.50** in the W/band display box! Well done all in the pub!

🏈 More football activity at the **ABERDALE** as they have filled in another 3 football cards, so congratulations go to DG-S, Zahra & Alan F who all got themselves some very nice prizes!

**Bricklayers Arms** in Chipstead have emptied their tubs and Jo Ann has banked a magnificent **£47.42p** in our account. Well done to our Kentish supporters, keep it up 😊

**DUMBSTRUCK** isn't the word really! email on Friday night →

Dear Phil,

I hope this email finds you well. I am delighted to confirm that your nomination for **2020 Voice Cancer** has been successful in its application for support through the **Carling & Everards Made Local Community Fund** 😊.....

This means that we have been selected to receive some massive help by the people behind this award scheme - and they already know that we crave the awareness we so badly need, for it is a simple truth that although throat cancers are 'jt-5th' on the cancers list, very few people know anything about throat cancers! 😞

Watch this space as I think we may well be putting a "**One-off Motown Night**" here in Leicester this summer! 🎵🎵🎵

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**Coronavirus:** Stay updated on our [facebook](#) page folks!

**Meal Night:** I thought this may well happen so I am very sorry to say that our **Spring Meal Night (Mon: Apr 6<sup>th</sup>)** has been cancelled this year. The problem now is that we have no idea when Boris will lift this ban so our next food venture will be our **Autumn Meal Night: Tue. 29<sup>th</sup> September** – hopefully we'll see you all there! 😊

**Final word folks:** this virus biz is serious biz as the majority of those dying having tested positive for Coronavirus had underlying health problems. That is us folks, especially if you are asthmatic or, like me, suffer the joys of COPD. Stay in, self-isolate and only shop when you need to. Check our [f/book page](#) for shops info please.

*Phil J*