

"20-20 Voice" Newsletter

2017 Collection Tubs update: **£637.84p**

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Mar: 2018

Hi all, we kick off with some fantastic news as our friends at **Countrywide Supplies** (Nott'm), from whom I have received an awful lot of laryngectomy aids over the past few years, have agreed that they can help our charity fundraise & gain more support. Now **Countrywide** know the value of 'awareness' and 'support' as they have, over the years, built a massive business supplying the likes of us – over 7,000 client base actually! Obviously I will furnish you all with further details as we agree what we can do together.



Now then folks, we have some young ladies who were to run in last years ½ marathon but circumstances dictated otherwise. However the Nottingham **Fun Run over 5K** at Colwick Country Park is much more 'up their street' so

we are making enquiries already as entry fees increase the nearer we get to the event. The date is Sunday, July 22nd and all the details are here: <https://www.bigfunrun.com/nottingham/> I now have confirmation that our friends at **Countrywide Supplies** (sister company is ATOS) joining forces with us to promote awareness & fundraise at Colwick Country Park and will be entering runners in the 5K event: sponsorship sheets have already been sent to Lisa! **Left: Team Westwood (Lincoln) already in training.** 🙌

If any of you want a Sponsorship Sheet on behalf of any of our runners then you know where I am - admin@2020voicecancer.org Largest sponsorship wins a £25 shopping voucher.

As we are now into March (look out for mad rabbits) all those wanting to join us this year at the fabulous **CUISINE OF INDIA** for our Charity Spring (Monday 16th) meal please let me know asap as we can only accommodate 76 seats. It's £16 per person with 50% coming back to us and, as always, there will be some superb raffle prizes!

admin@2020voicecancer.org (first come first served I'm afraid & the list has started!)

*****Andy's Fish Bar collection tub raised a superb £34.91P*****

And now for a gem of an offer folks! (17th/18th May)



Chaucer Insurance have agreed to do a 2-day, 42mile walk in aid of our charity in memory of one of their colleague who sadly died from throat (& related) cancer last year. **Mark Aaron's** wife was searching for a charity that 'resonated' with her and low

behold folks up we popped! Having spoken to this good lady (Jo-Ann) in depth, her story is so sad, it really is but she is absolutely determined to try and alleviate the stress & pain of others – and early diagnosis is the way to do it, as we are all now well aware! So, the 10 lads will set off from their local (“The Lamb” - Leadenhall Mkt, London) and [cover the 42 miles](#) to “The Bricklayers Arms” in Chipstead, Sevenoaks, Kent. Both myself & Tina will drive down there on the 18th May to meet & greet and there will be a presentation by Chaucer Insurance regarding the total amount raised. I have also contacted the local rag (Sevenoaks Chronicle) to see if we can get their area wide support too – you never know do you? Only 3 days on the facebook page and we have had **442 veiwings**, 4 days - **631 viewers** - 5 days **744 viewers**. That is monumental folks, monumental!

Welcome to ‘Gary W’, our newest recruit to our rapidly growing band of merry warriors who sits up in Lincoln only 2 weeks after is laryngectomy: ‘amazin’ what raisins can do!’

👋 As suggested by all Gary, take your time and get used to this brave new world of ours!

Onto yet another bombshell as I was contacted this week by a lady from ‘oop noorth’ (Rachel) who delivered unto us a very nice cheque for £291.00. Apparently this money was raised over the Christmas period by holding raffles, jumble sales & ‘others’. Thank you very much indeed (Rachel & all) and you can be assured that this is another step in the direction of the Kinmonth Monitor for our “post surgery patients”. ‘Thank you all’-certificate on its way to you and I hope it is placed so that all can admire their achievements 🧑🏻🎓.

Thursday 15th Feb-the Macmillan meeting: Fantastic!, what else can I say? Caroline outlined what was happening but I have to keep a lid on it for the time being, save to say that everything is going just tickety-boo & all will be revealed soon my friends, have patience! We are doing a ‘Heineken’ as we are ‘reaching parts that other beers don’t!’

April 11th is our **Dental Cancer Seminar**, being held at **The Belmont Hotel** in Leicester. The question is simple: “Do YOU know all the signs of Oral/Throat cancers?” If not, and if you want to learn, then you know where to be on **April 11th**. Hot & cold buffet available + hot drinks all day and there is a small charge of **£35** per head for this important instructive.

Don’t forget folks that if you book your holidays through [easyfundraising](#) and point your donations to “**20-20 Voice**” **Cancer**, we get a nice little bonus that costs you absolutely nothing – go on, try it!



Another nice little move folks as the **Kinmonth Ward** (LRI) requested more supersoft toothbrushes for some of their patients – only too happy to oblige mobsters! 🧑🏻🎓

And **Ward 17** at the **Glenfield Hospital** are in need of some nebulisers – no sooner said than done, they should be here by the end of the month ladies. 🧑🏻🎓

...AND finally... The Aberdale weighed in with yet another Football Card so congratulations go to ‘Ish’ who grabs a handy **£15** for himself!

Phil J