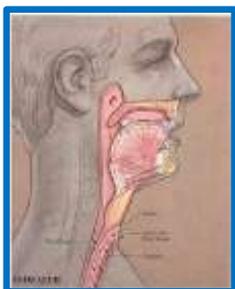


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“20-20 Voice” Newsletter

March 2015

Greetings to all good peoples following this great charity as we continue to help those who suffer from such as throat cancers, where the larynx is usually the major casualty.

I am delighted to tell you that the *i-pad & keyboard/cover*, purchased by **“20-20 Voice” Cancer**, with your kind donations, is now fully ‘up & running’ on the Kinmonth Ward at the **Leicester Royal Infirmary**. I believe that my friend Paul Harris is the first recipient of this wonderful piece of kit and I know that many more will benefit from this donation. It is a fantastic bit of kit!



Sunday, March 8th sees our **‘Rock n Roll’** night taking place at the **Fox & Tiger** in Blaby courtesy of our great hostess Georgia Page. There will be nibbles on the bar, some great raffle prizes & a ‘spot prize’ for one lucky ticket holder. Tickets are only £3 each and the fun starts at 8pm folks so get yourself down to the **Fox & Tiger** and turn back the clock to the time when music changed the world! “FREE DRINK” lucky ticket spot prize too!

Now then folks, we need to travel a little bit further than Blaby to the delightful town of **Aylesbury** (Bucks), where many things musical have been happening of late. Some time ago our friend, and regional rep, **Mr Ray Coates** wrote a beautiful song entitled “The Voice Within” (now embedded on [our website](#)) and such was the interest in it..... & **Ray**, a [local school](#) featured the song in a which was shown on two consecutive nights. The school has recognised our charity, and the work we are doing, by deeming all entrance fees for both nights to be donations to **“20-20 Voice” Cancer**. Now there’s a bolt from the blue folks!



The Voice
Within

£455.38p

Further to this wonderful news, I am told that the local theatre is also going to promote **Ray’s** song in a production that they are going to hold (sometime in April I believe?). I have suggested that **Ray** finds a couple of ‘dollybirds’ to offer all theatre goers the opportunity of donating to the cause via our collection tubs ... 🙌. **Ray** is currently working on producing an ‘Album’ which I think will be well worth listening to. I am also informed that he has much

to discuss and has invited me down to Aylesbury again - sometime sooner rather than later, so there must be more 'goodies' on the horizon. We also have another new supporter from the Aylesbury area as we say hello to [Lynne Britzman](#) who appeared on face-book asking for fellow sufferers in her area; happy to oblige Lynne.

You will see a **Donate** button at the top of the page, it is linked to **my own MyDonate** page and **all** donations (to me) **go directly** into the **"20-20 Voice"** account. The objective is to raise £1m but I doubt I will live long enough to see that amount clock up so we'll just have to see how it goes methinks.

You all know about the **Coventry ½ Marathon taking place** on Sunday, 1st March, well our Glenfield Hospital runner, Jakub Z, has now created **his own MyDonate** page for the event.

Now for the **"biggy"** folks! **Saturday April 25th** we hold our second **"Great Western"** bike ride to raise vital funds for more equipment. This year our "SBO" (Steamin' Billy [brewery] Officer)[Ben Scott] has set 2 very pleasant courses for all willing riders. We have a delightful 15 mile ride and also a scenic 35 mile bike ride – for the more adventurous. As last year, Kieran, (mein host at The Western Pub) will be laying on sausage cobs & fresh orange juice for all starters, and has even threatened to join the ride this year. I did hear talk of our surgeons

possibly taking part as well! 😊 nudge, nudge - **... and now ... a new twist!**



There has been a sudden upsurge in dental concerns & oral type cancers and to this end we have been approaching local dentists practices asking them to sport our 'tri-fold' leaflets and also our wristbands. One provides ample info, t'other provides the wherewithall to continue the good work. The more

of these Dental Practices we get into the better we will spread the awareness of **head & neck** cancers. You might also be pleased to know that we have also entered the world of GP surgeries as some of our local GPs are noticing what we are about 😊 .

Mention "20-20 Voice" to your dentist – ask the questions!



Don't forget folks, our door is always open so if you know of any goodly souls that would like to help this charity out, then by all means introduce them and let's see where we get to

– after all, who would have thought we have a super song-meister in our ranks???. Take care and we'll be back next month folks – well, that's the plan at any rate! 🙌

Stop press: *Jakub, our Glenfield Hospital physiotherapist, completed the Coventry ½ Marathon Sunday morning in an excellent 1hr 42mins 54 secs –excellent going Jakub and thank you for your efforts my boy! Total amount raised not yet clarified.*

Jakub wants to create a “20-20 Voice” Cancer team to enter the Leicester ½ Marathon (Oct 25th) – any willing souls out there simply let me know and we'll set the ball rolling 🙌.

Also, only this morning, we cemented the details for our 2nd “Great Western” bike ride – all good stuff!

Phil J